



2026-2027 Allstar Age Grid & Divisions

February 24, 2026

Allstar Elite Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2019 and Later	Level 1	Tiny**	Female/Male	5-31 Athletes
2017 and Later	Level 1	Mini	Female/Male	5-31 Athletes
2013 and Later	Level 1	Youth	Female/Male	5-31 Athletes
2010 and Later	Level 1	Junior	Female/Male	5-31 Athletes
2007-2016	Level 1	Senior	Female/Male	5-31 Athletes
2017 and Later	Level 2	Mini	Female/Male	5-31 Athletes
2013 and Later	Level 2	Youth	Female/Male	5-31 Athletes
2010 and Later	Level 2	Junior	Female/Male	5-31 Athletes
2007-2016	Level 2	Senior	Female/Male	5-31 Athletes
2013 and Later	Level 3	Youth	Female/Male	5-31 Athletes
2010 and Later	Level 3	Junior	Female/Male	5-31 Athletes
2007-2016	Level 3	Senior	No Males	5-31 Athletes
2007-2016	Level 3	Senior Coed	1 or More Males	5-31 Athletes
2013 and Later	Level 4	Youth	Female/Male	5-31 Athletes
2010 and Later	Level 4	Junior	Female/Male	5-31 Athletes
2007-2016	Level 4	Senior	No Males	5-31 Athletes
2007-2016	Level 4	Senior Coed	1 or More Males	5-31 Athletes
2010 and Later	Level 4.2	Junior	Female/Male	5-31 Athletes
2007-2016	Level 4.2	Senior	No Males	5-31 Athletes
2007-2016	Level 4.2	Senior Coed	1 or More Males	5-31 Athletes
2013 and Later	Level 5	Youth	Female/Male	5-38 Athletes
2010 and Later	Level 5	Junior	Female/Male	5-38 Athletes
2007-2016	Level 5	Senior	No Males	5-38 Athletes
2007-2016	Level 5	Senior Coed	1 or More Males	5-38 Athletes
2010 and Later	Level 6	Junior	No Males	5-38 Athletes
2010 and Later	Level 6	Junior Coed	1 or More Males	5-38 Athletes
2007-2016	Level 6	Senior XSmall	No Males	5-16 Athletes
2007-2016	Level 6	Senior Small	No Males	17-22 Athletes
2007-2016	Level 6	Senior Medium	No Males	23-30 Athletes
2007-2016	Level 6	Senior Large	No Males	31-38 Athletes
2007-2016	Level 6	Senior XSmall Coed	1-2 Males	5-16 Athletes
2007-2016	Level 6	Senior Small Coed	1-5 Males	5-22 Athletes
2007-2016	Level 6	Senior Medium Coed	1-8 Males	5-30 Athletes
2007-2016	Level 6	Senior Large Coed	1-19 Males	5-38 Athletes

**Divisions NOT offered at The Allstar World Championship.

*All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2010, the athlete's birth date must be January 1, 2010 - December 31, 2010)



2026-2027 Allstar Age Grid & Divisions

February 24, 2026

Allstar Open Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2012 or Before	Level 4	Open	No Males	10-31 Athletes
2012 or Before	Level 4	Open Coed	1 or More Males	10-31 Athletes
2012 or Before	Level 5	Open	No Males	10-31 Athletes
2012 or Before	Level 5	Open Coed	1 or More Males	10-31 Athletes
2012 or Before	Level 6	Open	No Males	10-31 Athletes
2012 or Before	Level 6	Open Small Coed	1-4 Males	10-31 Athletes
2012 or Before	Level 6	Open Large Coed	5-16 Males	10-31 Athletes
2009 or Before	Level 7	Open	No Males	10-31 Athletes
2009 or Before	Level 7	Open Small Coed	1-4 Males	10-31 Athletes
2009 or Before	Level 7	Open Large Coed	5-16 Males	10-31 Athletes

Non-Tumbling/All Building Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2012 or Before	Level 4	Open NT	No Males	10-31 Athletes
2012 or Before	Level 4	Open Coed NT	1 or More Males	10-31 Athletes
2012 or Before	Level 5	Open NT	No Males	10-31 Athletes
2012 or Before	Level 5	Open Coed NT	1 or More Males	10-31 Athletes
2012 or Before	Level 6	Open NT	No Males	10-31 Athletes
2012 or Before	Level 6	Open Small Coed NT	1-4 Males	10-31 Athletes
2012 or Before	Level 6	Open Large NT	No Males	10-31 Athletes
2012 or Before	Level 6	Open Large Coed NT	5-20 Males	10-31 Athletes
2009 or Before	LEVEL 7	Open NT	No Males	10-31 Athletes
2009 or Before	LEVEL 7	Open Coed NT	1-16 Males	10-31 Athletes

**Divisions NOT offered at The Allstar World Championship.

*All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2012, the athlete's birth date must be January 1, 2012 - December 31, 2012.)



2026-2027 Allstar Age Grid & Divisions

February 24, 2026

Allstar Prep Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2019 and Later	Level 1.1	Tiny Prep	Female/Male	5-31 Athletes
2017 and Later	Level 1.1	Mini Prep	Female/Male	5-31 Athletes
2013 and Later	Level 1.1	Youth Prep	Female/Male	5-31 Athletes
2010 and Later	Level 1.1	Junior Prep	Female/Male	5-31 Athletes
2007-2016	Level 1.1	Senior Prep	Female/Male	5-31 Athletes
2017 and Later	Level 2.1	Mini Prep	Female/Male	5-31 Athletes
2013 and Later	Level 2.1	Youth Prep	Female/Male	5-31 Athletes
2010 and Later	Level 2.1	Junior Prep	Female/Male	5-31 Athletes
2007-2016	Level 2.1	Senior Prep	Female/Male	5-31 Athletes
2017 and Later	Level 2.2	Mini Prep	Female/Male	5-31 Athletes
2013 and Later	Level 2.2	Youth Prep	Female/Male	5-31 Athletes
2010 and Later	Level 2.2	Junior Prep	Female/Male	5-31 Athletes
2007-2016	Level 2.2	Senior Prep	Female/Male	5-31 Athletes
2013 and Later	Level 3.1	Youth Prep	Female/Male	5-31 Athletes
2010 and Later	Level 3.1	Junior Prep	Female/Male	5-31 Athletes
2007-2016	Level 3.1	Senior Prep	Female/Male	5-31 Athletes
2013 and Later	Level 3.2	Youth Prep	Female/Male	5-31 Athletes
2010 and Later	Level 3.2	Junior Prep	Female/Male	5-31 Athletes
2007-2016	Level 3.2	Senior Prep	Female/Male	5-31 Athletes

*All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2013, the athlete's birth date must be January 1, 2013 - December 31, 2013.)



2026-2027 Allstar Age Grid & Divisions

February 24, 2026

Allstar Novice Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2019 and Later	Level 1 with restrictions	Tiny Novice	Female/Male	3+ Athletes
2017 and Later	Level 1 with restrictions	Mini Novice	Female/Male	5+ Athletes
2013 and Later	Level 1 with restrictions	Youth Novice	Female/Male	5+ Athletes
2010 and Later	Level 1 with restrictions	Junior Novice	Female/Male	5+ Athletes
2007-2016	Level 1 with restrictions	Senior Novice	Female/Male	5+ Athletes
2017 and Later	Level 2 with restrictions	Mini Novice	Female/Male	5+ Athletes
2013 and Later	Level 2 with restrictions	Youth Novice	Female/Male	5+ Athletes
2010 and Later	Level 2 with restrictions	Junior Novice	Female/Male	5+ Athletes
2007-2016	Level 2 with restrictions	Senior Novice	Female/Male	5+ Athletes
2013 and Later	Level 3 with restrictions	Youth Novice	Female/Male	5+ Athletes
2010 and Later	Level 3 with restrictions	Junior Novice	Female/Male	5+ Athletes
2007-2016	Level 3 with restrictions	Senior Novice	Female/Male	5+ Athletes

Allstar CheerAbilities Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2021 or Before	Level 1 with restrictions	Novice**	Female/Male	5+ Athletes
2021 or Before	Level 2 with restrictions	Elite	Female/Male	5+ Athletes
2021 or Before	Level 2 with restrictions	Exhibition	Female/Male	5+ Athletes

Allstar AdaptAbilities Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2021 or Before	Level 2 with restrictions	Novice**	Female/Male	5+ Athletes
2021 or Before	Level 2 with restrictions	Exhibition	Female/Male	5+ Athletes
2021 or Before	Level 3 with restrictions	Elite	Female/Male	5+ Athletes

**Divisions NOT offered at The Allstar World Championship.

*All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2013, the athlete's birth date must be January 1, 2013 - December 31, 2013.)



2026-2027 Allstar Rec Age Grid & Divisions

October 1, 2026

All Music and Cheer/Music Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2020 and Later	Level 1	6U	Female/Male	3 - 36 Athletes
2018 and Later	Level 1	8U	Female/Male	5 - 36 Athletes
2016 and Later	Level 1	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 1	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 1	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 1	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 1	8-18 Years Old	Female/Male	5 - 36 Athletes
2018 and Later	Level 2.1	8U	Female/Male	5 - 36 Athletes
2016 and Later	Level 2.1	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 2.1	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 2.1	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 2.1	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 2.1	8-18 Years Old	Female/Male	5 - 36 Athletes
2018 and Later	Level 2	8U	Female/Male	5 - 36 Athletes
2016 and Later	Level 2	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 2	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 2	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 2	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 2	8-18 Years Old	Female/Male	5 - 36 Athletes
2014 and Later	Level 3.1	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 3.1	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 3.1	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 3.1	8-18 Years Old	Female/Male	5 - 36 Athletes
2014 and Later	Level 3	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 3	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 3	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 3	8-18 Years Old	Female/Male	5 - 36 Athletes
2012 and Later	Level 4.2	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 4.2	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 4.2	8-18 Years Old	Female/Male	5 - 36 Athletes
2012 and Later	Level 4	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 4	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 4	8-18 Years Old	Female/Male	5 - 36 Athletes

Open Divisions are Cheer/Music and follow NFHS Rules

2016 and Later	Level 5 Open*	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 5 Open*	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 5 Open*	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 5 Open*	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 5 Open*	8-18 Years Old	Female/Male	5 - 36 Athletes

*Level 5 Open Divisions will follow Level 5 Rules with the exception of no double twist dismounts or tosses.

All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2012, the athlete's birth date must be January 1, 2012 - December 31, 2012.)



2026-2027 Competitive Rec Age Grid & Divisions

October 1, 2026

All Music and Cheer/Music Divisions

Birth Year	Level	Division	FEMALE/MALE	TEAM SIZE
2020 and Later	Level 1	6U	Female/Male	3 - 36 Athletes
2018 and Later	Level 1	8U	Female/Male	5 - 36 Athletes
2016 and Later	Level 1	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 1	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 1	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 1	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 1	8-18 Years Old	Female/Male	5 - 36 Athletes
2018 and Later	Level 2.1	8U	Female/Male	5 - 36 Athletes
2016 and Later	Level 2.1	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 2.1	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 2.1	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 2.1	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 2.1	8-18 Years Old	Female/Male	5 - 36 Athletes
2018 and Later	Level 2	8U	Female/Male	5 - 36 Athletes
2016 and Later	Level 2	10U	Female/Male	5 - 36 Athletes
2014 and Later	Level 2	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 2	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 2	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 2	8-18 Years Old	Female/Male	5 - 36 Athletes
2014 and Later	Level 3.1	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 3.1	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 3.1	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 3.1	8-18 Years Old	Female/Male	5 - 36 Athletes
2014 and Later	Level 3	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 3	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 3	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 3	8-18 Years Old	Female/Male	5 - 36 Athletes
2012 and Later	Level 4.2	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 4.2	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 4.2	8-18 Years Old	Female/Male	5 - 36 Athletes
2012 and Later	Level 4	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 4	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 4	8-18 Years Old	Female/Male	5 - 36 Athletes

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2014 and Later	Level 5 Open*	12U	Female/Male	5 - 36 Athletes
2012 and Later	Level 5 Open*	14U	Female/Male	5 - 36 Athletes
2010 and Later	Level 5 Open*	16U	Female/Male	5 - 36 Athletes
2007-2018	Level 5 Open*	8-18 Years Old	Female/Male	5 - 36 Athletes

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All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2012, the athlete's birth date must be January 1, 2012 - December 31, 2012.)