



High Kick Scoresheet

2025-2026

30 kicks of at least waist height performed by at least 50% of the team must be included in each routine. Any style of dance may be used to accomplish this and there are no required movements. Turns, leaps, jumps, lifts, or tricks are not required. The team may demonstrate difficulty through the incorporation of the number and structure of kick sequences and the height and pace of kicks. Movements should complement the music and teams will be judged on both musicality and unison. Teams should also display an ability to connect with the audience and provoke an emotional response (i.e., excitement, laughter, joy, and/or sense of drama) appropriate to the style presented.

TECHNIQUE

Kick Technique	10 pts	<ul style="list-style-type: none"> Kicking and Supporting Leg and Hips Correctly Positioned Correct Prep and Ending Position and Toes Pointed Kicks are Pulled Up and Down Good Body Line and Posture, with Shoulders Down and Correct Arm Placement
Technical Difficulty of Kicks	10 pts	<ul style="list-style-type: none"> Number and Structure of Kick Sequences Height and Pace of Kicks ALL the above items are considered, REGARDLESS OF THE QUALITY OF EXECUTION
QUALITY & DIFFICULTY of Other Movement*	10 pts	<ul style="list-style-type: none"> Overall Quality of Movement (Excluding Kicks) Technical Difficulty of Movement (Excluding Kicks) - note that jazz skills such as leaps, turns or extensions are NOT required; do not deduct for their absence

EXECUTION OF ROUTINE

Uniformity of Movement	10 pts	<ul style="list-style-type: none"> Uniform Placement of Entire Body by Entire Team Individual Errors considered
Execution of Spacing & Transitions	10 pts	<ul style="list-style-type: none"> Uniform Spacing Smooth Execution of Transitions
Execution of Musicality	10 pts	<ul style="list-style-type: none"> Execution of Choreography to the Music Capturing Nuances of Vocal and/or Musical Cues and Tempo Variations

ARTISTRY

Uniqueness of Concept/Movement	10 pts	<ul style="list-style-type: none"> Concept of Routine is Fresh and New Movement of Dancers Throughout Routine Includes Creative and Unpredictable Elements <p><i>Deductions go here for inappropriate music, movement or costuming only after crediting other factors – points will not be deducted from any other scoring category</i></p>
Visual Effect and Variety of Kicks	10 pts	<ul style="list-style-type: none"> Purposeful Visual Impact of Formations and Transitions, Ripples, Levels, and Other Movements as a Series of Group Pictures Variety of Kicks Performed
Musicality of Choreography	10 pts	<ul style="list-style-type: none"> Choreography, From Beginning to End of Routine, Communicates the Details and Overall Mood of the Music

SHOWMANSHIP

Communication and Projection by Dancers (pts)	10 pts	<ul style="list-style-type: none"> Ability to Connect with Audience and Provoke Appropriate Emotional Response Authenticity of Performance
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This is NOT intended to require any specific technical jazz, pom or hip-hop movements (including leaps, turns, lifts, or other tricks) in the routine. Emphasis of the routine should be on the kicks. Whatever choreographed movements you choose, in your creative discretion, to do in between your kicks will be judged here. Teams will not receive credit in the technique score for technical difficulty of non-kick movements



Hip Hop Scoresheet

2025-2026

There is no one definition to describe hip-hop dance. Hip-hop dance is continuously transforming and redefining itself with each new generation of dancers. Any general street or hip-hop style (or combination of styles) is acceptable in this category. Movements should complement the music and teams will be judged on both musicality and uniformity. Teams should also display an ability to connect with the audience and provoke an emotional response (i.e., excitement, laughter, joy, sadness and/or sense of drama) appropriate to the style presented.

TECHNIQUE

Hip Hop Technique	10 pts	<ul style="list-style-type: none"> Proper Execution of Hip Hop Style(s) and Style Components Presented (such as isolations, grooves, locking, waacking, house, krumping, breaking, vogueing, popping, stepping, etc.) Credit Clear Demonstration of Hip Hop Style(s) and Style Components
Difficulty of Hip Hop Movement	10 pts	<ul style="list-style-type: none"> Technical Demand of Hip-Hop Movements, Including Tricks (if any) Intricacy and Tempo Variation Credit "Tricks" only if a recognized Hip Hop Style (e.g. breakdancing) Must consider difficulty of ALL of the above, REGARDLESS OF THE QUALITY OF EXECUTION
Overall Movement Quality	10 pts	<ul style="list-style-type: none"> Credit Overall Movement Quality Control of Movement (Control of Speed, Momentum, Body Placement and Direction of Movement) Movement Flow (CREDIT CONTINUOUS DANCING; DEDUCT FOR EXCESSIVE SETUP OR RECOVERY FROM TRICKS (IF ANY))

EXECUTION OF ROUTINE

Execution of Style	10 pts	<ul style="list-style-type: none"> Consistency of Style(s) Among Team Members (Consider Intent of Style) Deduct for Individual Major Errors
Execution of Spacing and Transitions	10 pts	<ul style="list-style-type: none"> Uniform Spacing Smooth Execution of Transitions
Execution of Musicality	10 pts	<ul style="list-style-type: none"> Execution of Choreography to the Music Capturing Nuances of Vocal and/or Musical Cues and Tempo Variations

ARTISTRY

Uniqueness of Concept/Movement	10 pts	<ul style="list-style-type: none"> Concept of Routine is Fresh and New Movement of Dancers Throughout Routine Includes Creative and Unpredictable Elements <p><i>Deductions go here for inappropriate music, movement or costuming only after crediting other factors – points will not be deducted from any other scoring category</i></p>
Visual Effect	10 pts	<ul style="list-style-type: none"> Purposeful Visual Impact of Formations and Transitions, Ripples, Levels, and Other Movements as a Series of Group Pictures
Musicality of Choreography	10 pts	<ul style="list-style-type: none"> Choreography, From Beginning to End of Routine, Communicates the Details and Overall Mood of the Music Tricks, if any, are Fully Integrated into Choreography and Heighten Routine's Theme, Personality and Excitement

SHOWMANSHIP

Communication and Projection	10 pts	<ul style="list-style-type: none"> Ability to Connect with Audience and Provoke Appropriate Emotional Response Authenticity of Performance
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Jazz Scoresheet

2025-2026

Our “jazz” division encompasses styles commonly referred to as jazz, Broadway, contemporary, lyrical or modern and teams have successfully competed in the jazz division with all of these styles. Combinations of these styles may also be used. The team should demonstrate difficulty using advanced dance skills (e.g., turns, leaps, extensions). Movements should complement the music and teams will be judged on both musicality and uniformity. Teams should also display an ability to connect with the audience and provoke an emotional response (i.e., excitement, laughter, joy, sadness and/or sense of drama) appropriate to the style presented.

TECHNIQUE

Technique of Skills	10 pts	<ul style="list-style-type: none"> Proper Technical Execution of all Leaps, Turns, Jumps, and Extensions
Difficulty of Skills	10 pts	<ul style="list-style-type: none"> Difficulty of Leaps, Turns, Jumps, and Extensions ALL the above items will be considered, REGARDLESS OF THE QUALITY OF EXECUTION
Quality and Difficulty of Other Movement	10 pts	<ul style="list-style-type: none"> Overall Quality of Movement (excluding Skills) Technical Difficulty of Movement (excluding Skills)

EXECUTION OF ROUTINE

Uniformity of Movement	10 pts	<ul style="list-style-type: none"> Uniform Placement of Entire Body by Entire Team Individual Errors considered
Execution of Spacing & Transitions	10 pts	<ul style="list-style-type: none"> Uniform Spacing Smooth Execution of Transitions
Execution of Musicality	10 pts	<ul style="list-style-type: none"> Execution of Choreography to the Music Capturing Nuances of Vocal and/or Musical Cues and Tempo Variations

ARTISTRY

Uniqueness of Concept/Movement	10 pts	<ul style="list-style-type: none"> Concept of Routine is Fresh and New Movement of Dancers Throughout Routine Includes Creative and Unpredictable Elements <p style="color: red;">Elements</p> <p style="color: red;">Deductions go here for inappropriate music, movement or costuming only after crediting other factors – points will not be deducted from any other scoring category</p>
Visual Effect	10 pts	<ul style="list-style-type: none"> Purposeful Visual Impact of Formations and Transitions, Ripples, Levels, and Other Movements as a Series of Group Pictures
Musicality of Choreography	10 pts	<ul style="list-style-type: none"> Choreography, From Beginning to End of Routine, Communicates the Details and Overall Mood of the Music

SHOWMANSHIP

Communication and Projection by Dancers	10 pts	<ul style="list-style-type: none"> Ability to Connect with Audience and Provoke Appropriate Emotional Response Authenticity of Performance
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Lyrical Scoresheet

2025-2026

Any general lyrical style (or combination of styles) is acceptable including styles commonly referred to as lyrical, contemporary, or modern. Combinations of these styles may also be used. The team should demonstrate difficulty through the incorporation of advanced dance skills (e.g., turns, leaps, extensions) and musical demand. Movements should complement the music and teams will be judged on both musicality and uniformity. Teams should also display an ability to connect with the audience and provoke an emotional response (i.e., excitement, laughter, joy, sadness and/or sense of drama) appropriate to the style presented.

TECHNIQUE

Technique of Skills	10 pts	<ul style="list-style-type: none"> Proper Technical Execution of all Leaps, Turns, Jumps and Extensions
Movement Difficulty	10 pts	<ul style="list-style-type: none"> Credit Complexity and Nuance of Movement and Transitions that is Responsive to or Complements Music and Lyrics Tempo Changes, Musical Nuances, Meter, Lyrics and Cues, and Other Musical Demand are considered [NOTE: ALL the above items will be considered, REGARDLESS OF THE QUALITY OF EXECUTION]
Quality of Other Movement	10 pts	<ul style="list-style-type: none"> Overall Quality of Other Movement (Excluding Skills)

EXECUTION OF ROUTINE

Uniformity of Movement	10 pts	<ul style="list-style-type: none"> Uniform Placement of Entire Body by Entire Team Individual Errors considered
Execution of Spacing & Transitions	10 pts	<ul style="list-style-type: none"> Uniform Spacing Smooth Execution of Transitions
Execution of Musicality	10 pts	<ul style="list-style-type: none"> Execution of Choreography to the Music Capturing Nuances of Vocal and/or Musical Cues and Tempo Variations

ARTISTRY

Uniqueness of Concept/Movement	10 pts	<ul style="list-style-type: none"> Concept of Routine is Fresh and New Movement of Dancers Throughout Routine Includes Creative and Unpredictable Elements <p><i>Deductions go here for inappropriate music, movement or costuming only after crediting other factors – points will not be deducted from any other scoring category</i></p>
Visual Effect	10 pts	<ul style="list-style-type: none"> Purposeful Visual Impact of Formations and Transitions, Ripples, Levels, and Other Movements as a Series of Group Pictures
Musicality of Choreography	10 pts	<ul style="list-style-type: none"> Choreography, From Beginning to End of Routine, Communicates the Details and Overall Mood of the Music

SHOWMANSHIP

Communication and Projection by Dancers	10 pts	<ul style="list-style-type: none"> Ability to Connect with Audience and Provoke Appropriate Emotional Response Authenticity of Performance
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Pom Scoresheet

2025-2026

Any style of dance may be used to accomplish this and there are no required movements. Turns, leaps, jumps, kicks, lifts, or tricks are not required. The team should demonstrate difficulty through the incorporation of intricate pom motions. Movements should complement the music and teams will be judged on both musicality and uniformity. Teams will also be judged on the creative use of poms for visual effect. Teams should also display an ability to connect with the audience and provoke an emotional response (i.e., excitement, laughter, joy, and/or sense of drama) appropriate to the style presented.

TECHNIQUE

Pom Motion Technique	10 pts	<ul style="list-style-type: none"> Arm Motions are Performed with Proper Technique (Shoulders Down, Straight Wrists and Elbows, Proper Placement) Core Engaged on Motions Control and Strength of Motions Ease of Movement
Difficulty of Pom Motions	10 pts	<ul style="list-style-type: none"> Risk, Intricacy and Control Required by Pom Motions ALL the above items will be considered, REGARDLESS OF THE QUALITY OF EXECUTION
Quality and Difficulty of Other Movement	10 pts	<ul style="list-style-type: none"> Overall Quality of Movement (Excluding Pom Motions) Technical Difficulty of Movement (Excluding Pom Motions) - note that jazz skills such as leaps, turns or extensions are NOT required; do not deduct for their absence

EXECUTION OF ROUTINE

Uniformity of Movement	10 pts	<ul style="list-style-type: none"> Uniform Placement of Entire Body and Props by Entire Team Individual Errors considered
Execution of Spacing & Transitions	10 pts	<ul style="list-style-type: none"> Uniform Spacing Smooth Execution of Transitions (including Transitions from Prop to Prop, if any)
Execution of Musicality	10 pts	<ul style="list-style-type: none"> Execution of Choreography to the Music Capturing Nuances of Vocal and/or Musical Cues and Tempo Variations

ARTISTRY

Uniqueness of Concept/Movement	10 pts	<ul style="list-style-type: none"> Concept of Routine is Fresh and New Movement of Dancers Throughout Routine Includes Creative and Unpredictable Elements <p><i>Deductions go here for inappropriate music, movement or costuming only after crediting other factors – points will not be deducted from any other scoring category</i></p>
Visual Effect	10 pts	<ul style="list-style-type: none"> Purposeful Visual Impact of Formations and Transitions, Ripples, Levels, and Other Movements as a Series of Group Pictures
Musicality of Choreography	10 pts	<ul style="list-style-type: none"> Choreography, From Beginning to End of Routine, Communicates the Details and Overall Mood of the Music

SHOWMANSHIP

Communication and Projection by Dancers	10 pts	<ul style="list-style-type: none"> Ability to Connect with Audience and Provoke Appropriate Emotional Response Authenticity of Performance
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Variety Scoresheet

2025-2026

Open division emphasizes variety, creativity, and fun. Routines should incorporate a minimum combination of two (2) dance styles. (Hip Hop, Jazz, Pom, Kick) Props may be used.

TECHNIQUE

Technique & Difficulty in 1st Chosen Style	10 pts	<ul style="list-style-type: none"> • Movements in Chosen Style are Performed with Proper Technique • Consider Ease, Control and Strength of Movement • Difficulty Considered
Technique & Difficulty in 2nd Chosen Style	10 pts	<ul style="list-style-type: none"> • Movements in Chosen Style are Performed with Proper Technique • Consider Ease, Control and Strength of Movement • Difficulty Considered
Quality and Difficulty of Other Movement	10 pts	<ul style="list-style-type: none"> • Overall Quality of Movement (excluding Movements in Chosen Style) • Technical Difficulty of Movement (excluding Movements in Chosen Style)

EXECUTION OF ROUTINE

Uniformity of Movement	10 pts	<ul style="list-style-type: none"> • Uniform Placement of Entire Body and Props by Entire Team • Consider Individual Errors
Execution of Spacing & Transitions	10 pts	<ul style="list-style-type: none"> • Uniform Spacing • Smooth Execution of Transitions
Execution of Musicality	10 pts	<ul style="list-style-type: none"> • Execution of Choreography to the Music • Capturing Nuances of Vocal and/or Musical Cues and Tempo Variations

ARTISTRY

Uniqueness of Concept/Movement	10 pts	<ul style="list-style-type: none"> • Concept of Routine is Fresh and New • Movement of Dancers Throughout Routine Includes Creative and Unpredictable Elements <p><i>Deductions go here for inappropriate music, movement or costuming only after crediting other factors – points will not be deducted from any other scoring category</i></p>
Visual Effect	10 pts	<ul style="list-style-type: none"> • Purposeful Visual Impact of Formations and Transitions, Ripples, Levels and Other Movements as a Series of Group Pictures
Musicality of Choreography	10 pts	<ul style="list-style-type: none"> • Choreography, From Beginning to End of Routine, Communicates the Details and Overall Mood of the Music

SHOWMANSHIP

Communication and Projection by Dancers	10 pts	<ul style="list-style-type: none"> • Ability to Connect with Audience and Provoke Appropriate Emotional Response • Authenticity of Performance
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