



# School Age Grid & Divisions

June 4, 2025

## COMPETITIVE NOVICE DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
Elementary	6th Grade & Below	Female/Male	5-30 Athletes
Small JH/MS	9th Grade & Below	Female/Male	5-16 Athletes
Large JH/MS	9th Grade & Below	Female/Male	17-30 Athletes
Small FR/JV	11th Grade & Below	Female/Male	5-16 Athletes
Large FR/JV	11th Grade & Below	Female/Male	17-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
Medium Varsity	9th - 12th Grade	Female	17-23 Athletes
Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes

## COMPETITIVE INTERMEDIATE DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
Elementary	6th Grade & Below	Female/Male	5-30 Athletes
Small JH/MS	9th Grade & Below	Female/Male	5-16 Athletes
Large JH/MS	9th Grade & Below	Female/Male	17-30 Athletes
Small FR/JV	11th Grade & Below	Female/Male	5-16 Athletes
Large FR/JV	11th Grade & Below	Female/Male	17-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
Medium Varsity	9th - 12th Grade	Female	17-23 Athletes
Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes



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## COMPETITIVE ADVANCED DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
Elementary	6th Grade & Below	Female/Male	5-30 Athletes
Small JH/MS	9th Grade & Below	Female/Male	5-16 Athletes
Large JH/MS	9th Grade & Below	Female/Male	17-30 Athletes
Small FR/JV	11th Grade & Below	Female/Male	5-16 Athletes
Large FR/JV	11th Grade & Below	Female/Male	17-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
Medium Varsity	9th - 12th Grade	Female	17-23 Athletes
Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes



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## NOVICE

### NON-TUMBLING DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
<b><u>Non-Tumbling</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
Medium Varsity	9th - 12th Grade	Female	17-23 Athletes
Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes

### NON-BUILDING DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
<b><u>Non-Building</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
Small Varsity	9th - 12th Grade	Female/Male	5-16 Athletes
Large Varsity	9th - 12th Grade	Female/Male	17-30 Athletes



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## INTERMEDIATE

### NON-TUMBLING DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
<b><u>Non-Tumbling</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
Medium Varsity	9th - 12th Grade	Female	17-23 Athletes
Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes

### NON-BUILDING DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
<b><u>Non-Building</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
Small Varsity	9th - 12th Grade	Female/Male	5-16 Athletes
Large Varsity	9th - 12th Grade	Female/Male	17-30 Athletes



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## ADVANCED

### NON-TUMBLING DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
<b><u>Non-Tumbling</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
Medium Varsity	9th - 12th Grade	Female	17-23 Athletes
Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes

### NON-BUILDING DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
<b><u>Non-Building</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
Small Varsity	9th - 12th Grade	Female/Male	5-16 Athletes
Large Varsity	9th - 12th Grade	Female/Male	17-30 Athletes



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## GAME TIME DIVISIONS

DIVISIONS	GRADE	FEMALE/MALE	TEAM SIZE
Elementary	6th Grade & Below	Female/Male	5-30 Athletes
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
Small Varsity	9th - 12th Grade	Female	12-16 Athletes
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Large Varsity	9th - 12th Grade	Female	24-30 Athletes
Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes
<b><u>Non-Tumbling</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
XSmall Varsity	9th - 12th Grade	Female	5-11 Athletes
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Small Coed	9th - 12th Grade	Female/1-4 Males	5-30 Athletes
Large Coed	9th - 12th Grade	Female/5+ Males	5-30 Athletes
<b><u>Non-Building</u></b>			
JH/MS	9th Grade & Below	Female/Male	5-30 Athletes
FR/JV	11th Grade & Below	Female/Male	5-30 Athletes
Small Varsity	9th - 12th Grade	Female/Male	5-16 Athletes
Large Varsity	9th - 12th Grade	Female/Male	17-30 Athletes