



# Competitive Rec Age Grid & Divisions

**2:30 TIME LIMIT ALL MUSIC ROUTINE**

| <b>DIVISIONS</b> | <b>LEVELS</b>     | <b>FEMALE/MALE</b> | <b>TEAM SIZE</b> |
|------------------|-------------------|--------------------|------------------|
| 6U               | Level 1 Only      | Female/Male        | 5-36 Athletes    |
| 8U               | Levels 1, 2, 3, 4 | Female/Male        | 5-36 Athletes    |
| 12U              | Levels 1, 2, 3, 4 | Female/Male        | 5-36 Athletes    |
| 14U              | Levels 1, 2, 3, 4 | Female/Male        | 5-36 Athletes    |
| 10-18 years old  | Levels 1, 2, 3, 4 | Female/Male        | 5-36 Athletes    |

## BIRTH YEAR TO DETERMINE ELIGIBILITY

**6U - 2015 and Later**

**8U - 2013 and Later**

**12U - 2009 and Later**

**14U - 2007 and Later**

**10-18 years old (6/01/2003) - 2012**

## REQUIREMENTS

- NON - PROFIT ASSOCIATED WITH AND GOVERNED BY AN ORGANIZATION. EXAMPLES INCLUDE BUT NOT LIMITED TO YMCA, BOYS & GIRLS CLUB, POP WARNER, OR CITY PARKS & REC PROGRAM.
- MUST NOT BE AFFILIATED WITH AN ALL STAR TEAM
- IF THE TEAM IS NOT ASSOCIATED WITH AN ORGANIZATION LIKE THE EXAMPLES LISTED ABOVE THEY MUST BE INDEPENDENTLY OPERATED BUT STILL CANNOT BE ASSOCIATED WITH AN ALLSTAR PROGRAM.
- COMPETITIVE REC PROGRAMS CAN CHEER FOR SPORTS PROGRAMS BUT ARE NOT REQUIRED AS LONG AS THE ABOVE RULES ARE MET.